



Academic C.V.

Dr. Nasrin Abdi

Kurdistan University of Medical Sciences
Sanandaj, IRAN

Updated September 2019

Personal Details:

Name: Nasrin Abdi

21 February 1979 (2 Esfand 57)

Email: abdi_nasrin@yahoo.com

Kurdistan University of Medical Sciences, Medical School ,Pasdaran Street, Sanandaj, Iran

Academic Qualifications:

PhD; 2016 Health Education & Health Promotion

Tehran University of Medical Sciences, Tehran, Iran

Master of Sciences; 2008 Health education

Iran University of Medical Sciences, Tehran, Iran

Bachelor of Sciences; 2002 Nursing

Kurdistan University of Medical Sciences, Sanandaj, Iran

Positions and Work Experiences:

1. Assistance Professor and Faculty Member, Kurdistan University of Medical Sciences; 2017-present
2. Manager of Educational and Postgraduate affairs in the school of medicine
3. Collaborating with social media and attending TV programs which had been on healthy life style education
4. Collaborating with social deputy and holding healthy life style workshop for nongovernmental groups



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Teaching Experiences:

- Community health nursing
- Occupational health and safety
- Demography and family planning
- Maternal and child health
- School health and health promoting school
- The principles of maternal and child nutrition
- The principles of maternal and child health and therapeutic services
- Maternal and child nutrition and nutrition therapy
- Research methodology in medical sciences
- Health and safety in the factories of food industry

Ph.D. Thesis:

Applying social marketing model to improve nutrition literacy and healthy nutrition behaviors in women in Sanandaj: A mixed method study

MSc. Thesis:

Performance assessment of Baznef model in health promotion of patients with cancer

Selected publications:

- Standardization of Three Hope Scales, as Possible Measures at the End of Life, in Iranian Population. N Abdi, M Asadi-Lari .Iranian Journal of Cancer Prevention 4 (2).2011
- Performance assessment of Baznef model in health promotion of patients with cancer MH Taghdisi, N Abdi, S Shahsavari, M Khazaeipool.Iran Journal of nursing 24 (69), 52-61.2011
- Quality of life in postmenopausal women in Tehran.N Abdi, M Solhi.Iranian Journal of Health Education and Health Promotion 2 (2), 87-96.2014
- The effects of hope promoting interventions on cancer patients. A case study in Sanandaj, Iran, in 2007.N Abdi, MH Taghdisi, S Naghdi.Armaghane danesh 14 (3), 13-21.2009



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- A Study In The Effect Of Education Through Health Belief Model On The Perceptions Of Girl Students In Primary School About Breakfast And Snack In Noshahr-2007pm Khazaie, Af Ebadi, M Solhi, Lm Asadi, N Abditoloo-E-Behdasht 7 (122324), 51-63.2008
- Effect of nutritional education through the health belief model on students' perceptions about breakfast and snack food in the fourth year of primary school Noshahr city.M Khazaei Pool, F EbadiFardAzar, M Solhi, M AsadiLari, N Abdi.Journal of Health Research, Yazd, Spring and Summer 7 (2), 51-65.2009
- Explaining nutritional habits and behaviors of low socioeconomic status women in Sanandaj: a qualitative content analysis.N Abdi, R Sadeghi, F Zamani-alavijeh, MH Taghdisi, D Shojaezadeh.Electronic physician 8 (1), 1733.2016
- Health promotion among cancer patients by the problem Based Learning (PBL) method.MH TAGHDISI, N ABDI, S SHAHSAVARI.HEALTH SYSTEM RESEARCH 7 (4), 2011
- Nutrition literacy promotion, effective approach for society health promotion.R N Abdi,MH Taghdisi,F Zamani-Alavijeh.Journal of Health Literacy 3 (3), 199-202.2018
- Barriers and Strategies of Overcoming Barriers in Healthy Nutritional Behaviors from Women's Perspective.N Abdi, F Zamani-Alavijeh, MH Taghdisi, R Sadeghi, D Shojaezadeh,.Health Education and Health Promotion 6 (4), 149-154.2018
- Correlation between the Dimensions of Constructivist Learning Environment and Self-directed Learning among the Students of Medical Sciences.PM Ftoohi L, Falahi A, Amani G, Abdi N, Rezaee J, Rahmani Kh.Health Education and Health Promotion. 6 (2), 79-85.2018
- The study of identify associative factors to attract and communicate public volunteer groups in Red Crescent Society (RCS) in Iran.T Rakhshani, ZS Asadi, Z Sepehri, MF Moghaddam, N Abdi, MR Ebrahimi.Life Science Journal 10 (2), 2451-2455.2013

Professional Membership:

- The member of university's Council of Ethics
- The member of university's Research in Education Council
- The member of university's social determinants on health committee
- The secretary of test analysis committee at the school of medicine
- The secretary of the evaluation committee at the school of medicine
- The secretary of the curriculum committee at the school of medicine
- The manager of the package of promotion and development of medical education infrastructures



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- The manager of educational processes at KUMS & Shahid Motahari Educational Festival

Oral and paper presentations in conferences:

- 9 papers and posters presented in national and international conferences on health education & health promotion.
- Attending the 25th European Students' Conference 2014 Charite' Berlin

Journal Editorial and Reviewers membership:

- Reviewer of Shiraz E Medical Journal
- Reviewer of Journal of Health Education and Health Promotion
- Reviewer of Journal of Health literacy

Workshop prepared and presented:

- Healthy life style
- Nutrition health literacy
- Self-care in handicap
- Instructional Media
- Nutrition & dental health
- Evidence Based Dentistry (EBD)
- Social medicine workshop for medical student
- Instructional process in medical education

Research Interests:

Health promotion, Health education, Health literacy, nutritional literacy, healthy life style

Key Skills:

Computer & software knowledge, Endnote, MAXQDA, SPSS

Quantitative and qualitative research methods

Reward:

Collaborator in selected educational processes at Shahid Motahari Educational Festival 1395

Guided Research topics:



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1. Students' Perceptions of Effective Learning Experiences in Dental School sanandaj: A Qualitative Study Using a Critical Incident Technique. (Supervisor)
2. Exploring challenges and opportunities for accreditation of educational hospitals plan in Kurdistan University of medical sciences: a Qualitative Study. (Supervisor)
3. The Relationship between Health Literacy and Quality of Life of Employees in Campus of Kurdistan University of Medical Sciences. (Supervisor)
4. Critical Thinking Skills in Kurdistan medical Students In 2019. (Supervisor)